

OPRA Exam Study Plan 2026–2027

Complete 16-Week Study Plan for Overseas Pharmacists

About This Study Plan

A structured 16-week roadmap covering Biomedical Sciences, Pharmacology, Therapeutics, Calculations, Mock Tests, and Revision.

Exam Weightage

Therapeutics & Patient Care (45%), Biomedical Sciences (20%), Pharmacology & Toxicology (15%), Medicinal Chemistry & Biopharmaceutics (10%), Pharmacokinetics & Pharmacodynamics (10%).

Weeks 1–4: Foundation Building

Anatomy, Physiology, Pathophysiology, Microbiology, Immunology, Drug Formulation, Stability and Dosage Forms.

Weeks 5–8: Pharmacology

Receptor theory, cardiovascular pharmacology, endocrine disorders, respiratory diseases, toxicology, ADRs and antidotes.

Weeks 9–10: Pharmacokinetics & Calculations

ADME, bioavailability, half-life, dosage calculations, infusion rates, creatinine clearance and dilutions.

Weeks 11–14: Therapeutics & Patient Care

Diabetes, hypertension, asthma, COPD, infectious diseases, medication safety and patient counselling.

Weeks 15–16: Revision & Mock Tests

Full-length OPRA mock exams, topic-wise revision, flashcards and clinical case review.

Final Advice

Focus on clinical reasoning, patient care and consistent mock-test practice to maximize your chances of success.